



The Alma Project

Anonemis Research
Simenona Martinez
AnonemisResearch.com

The Alma Project
KLS, Aspergers, trauma, C-PTSD
Lupus, and healing.

Length: 7. days

Starts:

4.20.21

Patient (A) entered the Almadate process on 4/20/21. Patient KLS has began, she is afraid and unable to walk. She's experiencing sensory processing overload due to C-PTSD related trauma which has exacerbated her underlying conditions: KLS, Aspergers, Trauma, CPTSD And Lupus.

The Almadate is a trauma Center for Veterans and victims of related trauma. The patients are housed in patient facility where patients go through a ~~series~~ series of hypnosis sessions that can be assisted with medication such as procedures.

The hypnosis sessions will take inventory of all shapes, colors, sounds, scents, textures, associated and the patient finds most triggering. The trauma data is then classified and categorized using an Almadater.

The Almadater ^{Algorithm} then formulates and computes this information into a simulation. The patient is moved ~~into~~ into a bedroom with these triggers. The patient is to learn how to cope with these triggers by using breathing, ~~deescalating~~, ^{deescalating}, therapeutic assistance.

Night 1) ~~can~~ can be assisted with the use of Psychedelics, etc.

1) Colors, sounds, textures, and numbers.
2) Understanding and finding the fear.

Night 2).

1) Sensation and feelings.

The patient will experience these sensations and feelings at night by using sound, touch, smell and guide. (Reinacting desert storm) Battle, Rape, and other trauma associated with trauma

Night
3.)

Hypnosis and Reenactments (Controlled Environment) All conducted in a

The patient is shown images which will trigger their trauma.

- A1) • Put to sleep in meditative state.
• Awakened to triggering sensations
~~by~~ Repeated intervals, promoted
by classified triggers in a session
of repeated progresses to disorientation
patient to triggering affects
~~patient~~ patient to rewrite trauma
and work through it and relieve
the same traumatic experience
with a healthy outcome.

This process is essential in KLS because patients with C-PTSD relive their trauma over in their state of KLS which is terrifying and will eventually destroy the patients well-being as these traumas can never properly heal or end ~~if~~ they are constantly being replayed during KLS Episodes. This relates to trauma in any spectrum in the healing of the victims

4. Patient is to repeat this process during this KLS episode to help patient cope and heal trauma occurred in the past as well as current dream trauma.

The process is essential to avoid creating additional trauma.

Eventually triggers and trauma will heal with repeated treatments. Depending upon severity of KLS - CPTSD this

Should not require hospitalization as families can manage this process when trained by healthcare professionals.

~~ASD~~ ASD and CPTSD can be treated using the same Almadena method.

For example.

Plane crash

~~By patient~~ ^{carpet} running ^{or} and wake patient up during most triggered state and walk on the ~~carpet~~ carpet. This is to be

repeated during KLS episode until
rug can be identified as a rug and
removed by the patient themselves.

During KLS episode patients can not
identify shapes, sounds, colors, textures or
people. If the patient fears a plane crash
have the patient walk the runner until
the patient can identify the object/nightmare
during KLS state. ~~_____~~

once the object is identified during
this process patient has to remove the runner
themselves. "Disturbing" the threat.

This works with ~~_____~~ C-PTSD patients. (Sex ^{trafficking},
and veterans. Both KLS and trauma patients
~~_____~~ experience the same fight or flight trauma
response, which is why the Akhade is an
effective treatment for KLS, Asperbers, GPTSD.

This process can be repeated throughout the house of the patient or in some cases at a facility.

The Patient essential focal point is the Mirror. The patient can identify themselves? Then they are awake and if not then they're not. ~~due to KLS, sensory~~ trauma response mode due to KLS, sensory overload or C-PTSD.

If the patient can not identify objects or themselves they are in a state of sleep.

Veterans have to undergo this process in a medical facility and under doctors care.

These trauma manifest within: (sub-conscious)

- Nightmares
- Childhood memory and trauma
- Games, colors, shapes, texture, sounds.
- Themes, plots and songs.

This is especially true with trauma in those with ASD and OCD, (numbers/colors).

During these episodes patients can become afraid of certain objects because of information obscured during time of trauma and before onset KLS episode.

Patient can even think items are possessed, evil, and often times classify those people into colors and objects. This is especially prevalent in those with trauma with ~~ASD~~ ASD.

These items can be reintroduced as the effects of KLS or trauma episode ~~end~~. The patient is assisting in the healing by identifying just as the ~~Almadate~~ ^{Almadate} does. The classifications and categorizing of trauma, it identifies them and then reintroduces them, ^{healing} healthy.

This will assist in disarming, ^{trauma} healing, and conquering triggers.

The patient's study ended on the the 4/2/21. The patient used Art therapy to draw a picture of the colors and texture in "nightmare" during KLS episode ~~end~~ treatment.

Patient throws drawing away to signify the end of the episode.

3-5 days before onset KLS (mental cycle
or trauma treatment can be an
indication for girls)

- Limited TV
- Music
- NO "scary" or triggering content.

~~_____~~

This process is available for in a software as well.
~~_____~~ patient information provided in data
collection then reclassification into stimulation.
The assistance of hypnosis/propagates to
reexperience and rewrite trauma by a series of
repetitive mock events to disable trigger
response within patient.

Conditioning and repetition of facial recognition
and social circumstances, interaction, training.
Software available for treatment for (AD).
(ASD)

This treatment is best used for:

- CPTSD (C-PTSD)
- Aspergers
- OCD
- Brain Injury
- KLS
- Narcissistic Abuse
- Childhood Trauma Recovery
- Domestic Violence
- Cyber Stalking
- Bullying
- Sex Trafficking Recovery
- Veteran Recovery

-~~_____~~

Anonemis Research
Simenona Martinez
AnonemisResearch.com