



## Neuroalgorithmic Hypnosis

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## Overview

Supporting studies have shown social media applications like Instagram can induce a cognitive trance-like hypnotic state within the neurological framework. This allows users to become more agreeable to ideas and advertising. When applied in neuroscience: psychiatry, cognitive operation of adopting ideas and understanding perspectives, thought processes and the alteration of one's baseline of comprehension within equilibrium and therefore altering existence or actuality in induced state. The use of this methodology assists in digital psychological warfare propaganda which is prevalent and furthers the educational uses regarding neurological science.

- Changing thought processes
- Formulating directed perspective and understanding
- Adopting new ideas and knowledge
- Education and Treatment
- Reconfirming baseline of understanding, equilibrium, existence and or actuality as a whole

"Their results showed the highest agreement between brain structure and brain function in areas forming part of the "default mode network", which is associated with daydreaming, imagination, and self-referential thought. "In comparison to other networks, the default mode network uses the most direct anatomical connections. We think that neuronal activity is automatically directed to level off at this network whenever there are no external influences on the brain," says Andreas Horn, lead author of the study and researcher in the Center for Adaptive Rationality at the Max Planck Institute for Human Development in Berlin.

Living up to its name, the default mode network seems to become active in the absence of external influences. In other words, the anatomical structure of the brain seems to have a built-in autopilot setting. It should not, however, be confused with an idle state. On the contrary, daydreaming, imagination, and self-referential thought are complex tasks for the brain."

Resource:

<https://maxplanckneuroscience.org/brain-on-autopilot/>

"Taken together, [studies show] internet addiction is associated with structural and functional changes in brain regions involving emotional processing, executive attention, decision making, and cognitive control." --research authors summarizing neuro-imaging findings in internet and gaming addiction (Lin & Zhou et al, 2012)"

Resource:

[https://www.ncpsychiatry.org/assets/2014ANNUAL\\_MEETING/Handouts/Saturday/6\\_internet.pdf](https://www.ncpsychiatry.org/assets/2014ANNUAL_MEETING/Handouts/Saturday/6_internet.pdf)

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